



# Emergency First Aid at Work

First Aid Industry Body and Quality Care Academy Approved



## Introduction

This course provides delegates with the necessary skills to take charge of an incident if an illness or injury occurs in the workplace, as well as provide support and assistance to a fully qualified first aider.

All of our First Aid courses are approved by the First Aid Industry Body and Quality Care Academy.



## Course Duration

SSG offer this course over one day as a classroom course.



## Course Attendees

This course is suitable for any person selected to ensure that they are capable of taking on the responsibilities of a first aider.

### Note

Due to the practical nature of this course, delegates are requested to wear suitable clothing i.e. trousers, clean footwear.



## Course Programme

On successful completion of training, successful candidates should be able to:

- Understand the role of the first aider
- Manage and record an incident
- Understand the importance of avoiding cross-infection
- Deal with the unconscious casualty
- Administer cardiopulmonary resuscitation
- Train in the use of an AED
- Administer first aid to a casualty who is:
  - Choking
  - Wounded and bleeding
  - Suffering from shock
- Provide appropriate first aid for minor injuries, including small cuts, grazes and minor burns



## Training Certification and Assessment

SSG course attendance certificates will be issued on successful completion of the course and are valid for three years. It is suggested that certification is renewed every three years to ensure that persons responsible for first aid are kept up to date with best practices.



## Suggested Follow on and Complementary Courses

- Annual First Aid Skills Update
- First Aid at Work
- IOSH Working Safely